## Parent Webinar Series

Helping Parents Navigate School in 2020

- **Independent Learning** 
  - How to know that your child is focusing on the right kind of work that gets top marks.
- Time Management

How to resolve battles over homework and workload, get on the same page and help balance life & academics.

**Exam Prep** 

Developing a pre-exam roadmap with your child to maximise their chances of success and keep overwhelm at bay.

Stress & Wellbeing

Understanding your child's stress triggers, symptoms, and a tool-kit for stabilising during tough periods.

## 2020 Webinar Dates

September							October						
S	M	T	W	T	F	S	s	M	T	W	T	F	s
		1	2	3	4	5					1	2	3
6	7	8	9	10	11	12	4	5	6	7	8	9	10
13	14	15	16	17	18	19	11	12	13	14	15	16	17
20	21	22	23	24	25	26	18	19	20	21	22	23	24
27	28	29	30				25	26	27	28	29	30	31
November							December						
S	M	T	W	T	F	S	s	M	T	W	T	F	S
1	2	3	4	5	6	7			1	2	3	4	5
8	9	10	11	12	13	14	6	7	8	9	10	11	12
15	16	17	18	19	20	21	13	14	15	16	17	18	19
22	23	24	25	26	27	28	20	21	22	23	24	25	26
29	30						27	28	29	30	31		

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